

A Complete the article with these words.

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FIVE STEPS TO BECOMING A PRO GAMER



THE RIGHT MOTIVATION

As with anything in life, it's important to play e-sports for the right reasons. You could be the most ¹_____ gamer in the world, but if you are only motivated by money and fame, you will burn out before you ever ²_____ a professional. It's better to have positive motivations, such as the love of competition or the personal sense of satisfaction that comes from becoming the best gamer you can be.



THE RIGHT GAME

Now you need to find the right game. Your first option is to pick a popular game that lots of people already play, which will make it easy to find tournaments to ³_____ in. The second option is to choose a new game. The goal is to master the game before it becomes really popular. When tournaments are created, you'll be competing ⁴_____ other players with less experience than you.



THE RIGHT TEAM

If you are ⁵_____ to become a pro gamer, you won't be able to do it by yourself. You will need to join a good team. Being a pro gamer requires great ⁶_____, and the best way to improve is to play with people who are better than you. But perhaps the best thing about joining a team is that you will also be joining a community of people who love the game as much as you do.



THE RIGHT GEAR

If you are serious about gaming, then you should invest in good gaming equipment, such as a high-quality mouse and keyboard. If you want to make sure you ⁷_____ your opponents, use the same equipment at home that you plan to use in competitions. It's easy to get nervous and ⁸_____ poorly on the big day if you're not completely comfortable with your equipment.



THE RIGHT LIFESTYLE

It takes years of hard work and practice to become a pro gamer. You will have to train every day. You will have to enter every competition and try to win at all ⁹_____. But in order to play at the highest level, you also will have to make time to rest, eat healthily and do exercise. To be a champion, you will need to be in the best mental and physical shape possible.

B Work in pairs. Would you like to be a professional gamer? Why or why not?

A Complete the sentences with words related to accidents.

- 1 We'll definitely remember to bring sun cream on our next hiking trip. After a long day in the hot sun, our neck and shoulders were badly b _ _ _ _.
- 2 The older you get, the easier it is to get seriously i _ _ _ _ while playing contact sports like rugby.
- 3 It's been a week since I ran my first half marathon, and my knees and feet are still in pretty bad s _ _ _ _.
- 4 During the meeting, the sales representative made a terrible first impression when he accidentally s _ _ _ _ his coffee all over the client's desk.
- 5 While doing the washing up, my cousin d _ _ _ _ my favourite mug and it broke into three pieces.
- 6 I was very lucky. The dog r _ _ _ _ a hole in my favourite jeans, but I wasn't hurt.
- 7 A pen exploded in my pocket and r _ _ _ _ my new white shirt.
- 8 The referee called a penalty kick, but the video showed that the football player had t _ _ _ _ over his own feet.
- 9 The kids played in the forest, and all came home with s _ _ _ _ on their arms and legs.
- 10 My brother has always been a bit too c _ _ _ _ for sports like tennis or cricket, but he has turned out to be a natural long-distance runner.
- 11 I bought a glass water bottle to be more ecological. But the next day I dropped it on the pavement, and it s _ _ _ _ into a hundred pieces.
- 12 I fell snowboarding and b _ _ _ _ my ribs. For a few days, it was uncomfortable to breathe.

B Complete the text message with words related to accidents from Exercise A.

You were right – I never should have tried surfing. It was a total disaster 😞. I'm definitely too ¹_____ for this kind of sport. After about five minutes in the sea, I fell off the surfboard and landed on a sharp rock, which left me with two small ²_____ on my knee. Then a big wave arrived. The surfboard hit me hard and ³_____ my shoulder. If that wasn't enough, I forgot to put on my sun cream. When I arrived home, I realized my back and shoulders were badly ⁴_____. You should see me – I'm in terrible ⁵_____! I haven't felt this bad since I tried rollerblading.

C Work in pairs. Discuss what kinds of accidents or injuries could happen while doing the following activities. How could they be avoided?

- camping
- ice skating
- walking down the stairs
- cooking
- riding a motorbike